

FOR IMMEDIATE RELEASE

January 18, 2022

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Palace Theatre, City of Albany and Mirth Films Present

The Palace Sessions



FEB. 1st 7PM

  **YouTube**
@palacealbany



**American
Foundation
for Suicide
Prevention**



Palace Theatre, the City of Albany, and Mirth Films are pleased to announce the next edition of The Palace Sessions featuring **Thomas Nicholas – Tuesday, February 1st at 7:00 pm.**

Over the last ten years the **Thomas Nicholas Band** has played over 700 concerts around the world from huge festivals to solo acoustic shows in intimate clubs and private charity fundraisers. Musically, Thom draws on a solid crop of influences that have helped him learn the art of writing a pop song while keeping a foot in rock and roll. "We've released 6 albums, the most recent is the perfect cross over of my two careers and we were lucky enough to record it at Foo Fighter's Studio 606."

Nicholas is also well known for his movie career, including playing Henry Rowengartner in *Rookie of the Year*, Walt Disney in *Walt Before Mickey* and Kevin Myers in the *American Pie* film series. He most recently starred in the 2021 Lionsgate feature film *Adverse* starring Mickey Rourke, Lou Diamond Phillips, Penelope Ann Miller & Sean Astin.

The performance will stream live on the Palace Theatre's YouTube Page at <https://bit.ly/PalaceAlbanyYoutube>

The Palace Sessions is a monthly live music series featuring some of our favorite regional & national acts performing in unique spaces within the historic performing arts center. Watch previous episodes of The Palace Sessions online:

Wurliday – [Click Here To Watch](#)

Eastbound Jesus – [Click Here To Watch](#)

The Amico-Barady Quartet – [Click Here To Watch](#)

Wild Adriatic – [Click Here To Watch](#)

moe. "Not Normal" album release – [Click Here To Watch](#)

Moriah Formica, Sawyer Fredericks & Madison VanDenburg – [Click Here To Watch](#)

Annie in the Water – [Click Here To Watch](#)

Victory Soul Orchestra – [Click Here To Watch](#)

Let's Be Leonard duo & Canella – [Click Here To Watch](#)

Bad Mothers, Candy Ambulance, Girl Blue & Glass Pony - [Click Here To Watch](#)

The Ill Funk Ensemble - [Click Here To Watch](#)

The Blind Owl Band - [Click Here To Watch](#)

Jocelyn & Chris, Laveda - [Click Here To Watch](#)

During the stream, donations can be made to benefit The American Foundation for Suicide Prevention. To make a donations to the AFSP, visit https://bit.ly/PS_AFSP or scan the QR Code below.



About the Palace Theatre:

The Palace Theatre has been Albany's iconic downtown landmark for the past nine decades, bringing the biggest names in entertainment to the Capital Region. The history and programming of the Palace is a unique and often untold story with roots dating back to the period of the Great Depression. The Palace Theatre, built in 1931, originally presented vaudeville acts, feature films and became a civic auditorium before temporarily closing its doors in 1969. The theatre maintains its original beauty and design and is a historical landmark in the City of Albany. The Palace Performing Arts Center was established in 1984 and incorporated as a nonprofit organization in 1989, created to operate the Palace Theatre. The mission of the Palace is to bring world-class arts and entertainment to New York's Capital Region, greatly enhancing the area's cultural and economic development. Our mission is carried out through core programming and community initiatives that include performing arts entertainment, free arts education, family-friendly performances, free summer movies and a classic movie program series. The Palace has a significant economic footprint with over \$3.5 million in ticket sales and 180,000 patrons visiting the theatre annually.

About The American Foundation for Suicide Prevention:

The AFSP is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health through education and community programs, develops suicide prevention through research and advocacy, and provides support for those affected by suicide. Led by CEO Robert Gebbia and headquartered in New York, AFSP has local chapters in all 50 states with programs and events nationwide. Learn more about the local Capital Region NY Chapter of AFSP, covering 15 counties in Northeastern NY by following AFSP-CRNY on Facebook, Twitter, Instagram, and YouTube. "Suicide touches one in five American families. By connecting and coming together, we will keep going in the fight to stop suicide. Together, we send the message that you are never alone, that healing is possible, and when we connect, we create hope. Together we keep going," said Sandra Goldmeier, Area Director of the Capital Region NY Chapter of AFSP.